

**2013 KANSAS CITY BLAZERS ROSE MEMORIAL
LC SWIM MEET
MEET INFORMATION
MAY 17-19, 2013**

LOCATION: Lees Summit R-7 Aquatic Center
3498 Southwest Windemere Drive,
Lee's Summit, MO 64082
(816) 986-1465

The Lee's Summit R-7 Aquatic Center is located on the Summit Lakes Middle School Campus on the south side of Lee's Summit. The Aquatic Center is located behind Summit Lakes Middle School. Parking is available behind the school and in the lot by the pool. Directions and a map are included below.

MEET HOSTS: Kansas City Blazers – East and the Lees Summit R-7 School District

MEET TYPE: Senior and Age Group Timed Finals

SANCTION: Held under the Sanction of Missouri Valley Swimming, Inc. on behalf of USA Swimming, Inc., Sanction Number: **MV-13-45**.

COURSE: 50 meter pool with 8 lanes. Non-turbulent lane lines. Daktronics 2000 Timing System with 2 back-up timers per lane and an 8 line scoreboard will be used. Racing course is 13 feet deep in the deep end and 7 feet deep in the shallow end. The competition course has been certified in accordance with 104.2.2C(4). A copy of the certification is on file with USA Swimming.

The crash area is on deck, outdoors. There is limited seating in the pool area. Swimmers are ask NOT to crash in the stands due to the limited space. Spectators are asked to refrain from saving seats for others.

OFFICIALS: Meet Director: Steve Winfrey swinfrey@swbell.net
Entries Chairperson: C.J. (Bray) Roberts kcb.east.entries@gmail.com
Referee: Gillian Houghton Gill.Houghton@eurotech.com

RULES: Current 2013 USA Swimming and Missouri Valley Rules and Missouri Valley Safety Guidelines and Warm-Up procedures shall be in effect. Coaches will be required to display proof of USA Swimming membership on the pool deck at ALL times. All Volunteers will be provided with a lanyard that identifies them as such. Only Swimmers and persons displaying proper credentials will be allowed on deck at ANY time. Chase or flyover starts will be used as necessary to ensure that meet sessions are completed in a timely manner.

Any swimmer entered in the meet must be certified by a USA Swimming member coach, as being proficient in performing a racing start or must start each race from the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Note: The use of audio or visual recording devices including a cell phone is NOT permitted in changing areas, rest rooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

REGISTRATION: All athletes must be registered with USA Swimming for 2013.

AGE: Swimmer's age on the first day of the meet determines age for the entire meet.

WARM UPS: Friday night will have one 45 minute warm up session. Saturday and Sunday AM warm-ups will be split into 2 – 30 minutes sessions. Saturday and Sunday PM warm-ups will be split into 2 – 40 minutes sessions. The Blazers will have the first warm up for all sessions. Lane assignments will be posted at the pool before the warm up session.

Swimmers may not dive into the pool during general warm up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmers events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

ENTRY DEADLINE: We will begin taking entries on **Wednesday May 1st at 12 noon** and close on **Friday May 10th at 6 PM**. Entries will be accepted in the order they are received. All entries must also include the coach's name and the name and phone number of the team's entries chairperson.

ENTRY FEES: Individual events are \$4.50 per event.

Late entry fees are \$9.00 per individual event and payable at the time the late entry is turned in. Late or Deck entries will be accepted only if there are open lanes. Swimmers who scratch and add events are subject to late entry fees. No new heats will be created.

CHECKS SHOULD BE MADE OUT TO: KANSAS CITY BLAZERS – EAST.

ENTRY LIMIT: The meet may be limited to the first 320 non-Blazer entries. Each swimmer will be allowed to swim 4 individual events per session and may swim 5 events per day.

SEND ENTRIES TO:

CJ (Bray) Roberts - KCBE
PO BOX 480286
KANSAS CITY MO64148
E-mail: kcb.east.entries@gmail.com
Phone: 402-613-9497

ENTRIES: Entries should be submitted via a Hy-Tek or compatible meet entry file.

THE ENTRY SUBMISSION MUST INCLUDE AN ENTRY REPORT AND ENTRY FEE REPORT.

All entries must include each swimmer's 2013 USA Swimming registration number. "No- time" entries will be accepted and will be seeded in the slowest heat(s).

ALL ENTRIES SHOULD BE IN LONG COURSE METER TIMES

Open” events are for any age. The number of swimmers may be limited to ensure that appropriate sessions will be conducted within the USA Swimming 4-hour rule. As a result, it is possible that some entries received prior to the entry deadline may NOT be entered in the meet. Entries will be accepted and entered in the order they are received. The Entries Chairperson will make the final determination. Teams will be notified as soon as possible if their swimmers are not entered in the meet.

WARM-UPS & STARTING TIME:		Warm-Ups	Meet Starts
<u>Friday:</u>		5:00 – 5:45 PM	6:00 PM
<u>Saturday:</u>	AM Sessions	Blazers 1 st 7:00 – 7:30 AM Others 2 nd 7:30 – 8:00 AM	8:15 AM
<u>Afternoon warm ups will not start before the posted times.</u>			
	PM Sessions	Blazers 1 st 12:00 – 12:40 PM Others 2 nd 12:40 – 1:20 PM	1:30 PM (Aprox.)
<u>Sunday:</u>	AM Sessions	Blazers 1 st 7:00 – 7:30 AM Others 2 nd 7:30 – 8:00 AM	8:15 AM
<u>Afternoon warm ups will not start before the posted times.</u>			
	PM Sessions	Blazers 1 st 12:00 – 12:40 PM Others 2 nd 12:40 – 1:20 PM	1:30 PM (Aprox.)

Warm-up lane assignments will be emailed out to teams prior to the start date of the meet. Swimmers may only dive during their lanes designated sprint warm up period.

SEEDING: All events will be seeded slow to fast with exception of all 400 and 800 events which will be seeded fast to slow. The meet will be pre-seeded based upon entry times, except the 800 Free, 400 IM and the 400 Free which will be seeded after a positive check in. If a swimmer fails to positively check in for those events, they may be scratched from that event. Deck (late) entries will be accepted based on available space. It may be necessary to swim some heats of the 800 and 400 Free with 2 swimmers per lane.

CONCESSIONS: Food and drink will be available at the concession stand in the Aquatic Center. No food or beverage, other than water, is allowed in the pool area.

SPORTSWEAR: Swim Quik will set up during the meet selling the latest in swimwear, sportswear and aquatic accessories.

AWARDS: There are no awards; a participation gift will be given to each swimmer entered.

TIMERS & JUDGES: Each participating club may be requested to provide timers during the various sessions of the meet. **Swimmers competing in distance 800 free events are required to provide 2 timers and 1 lap counter.**

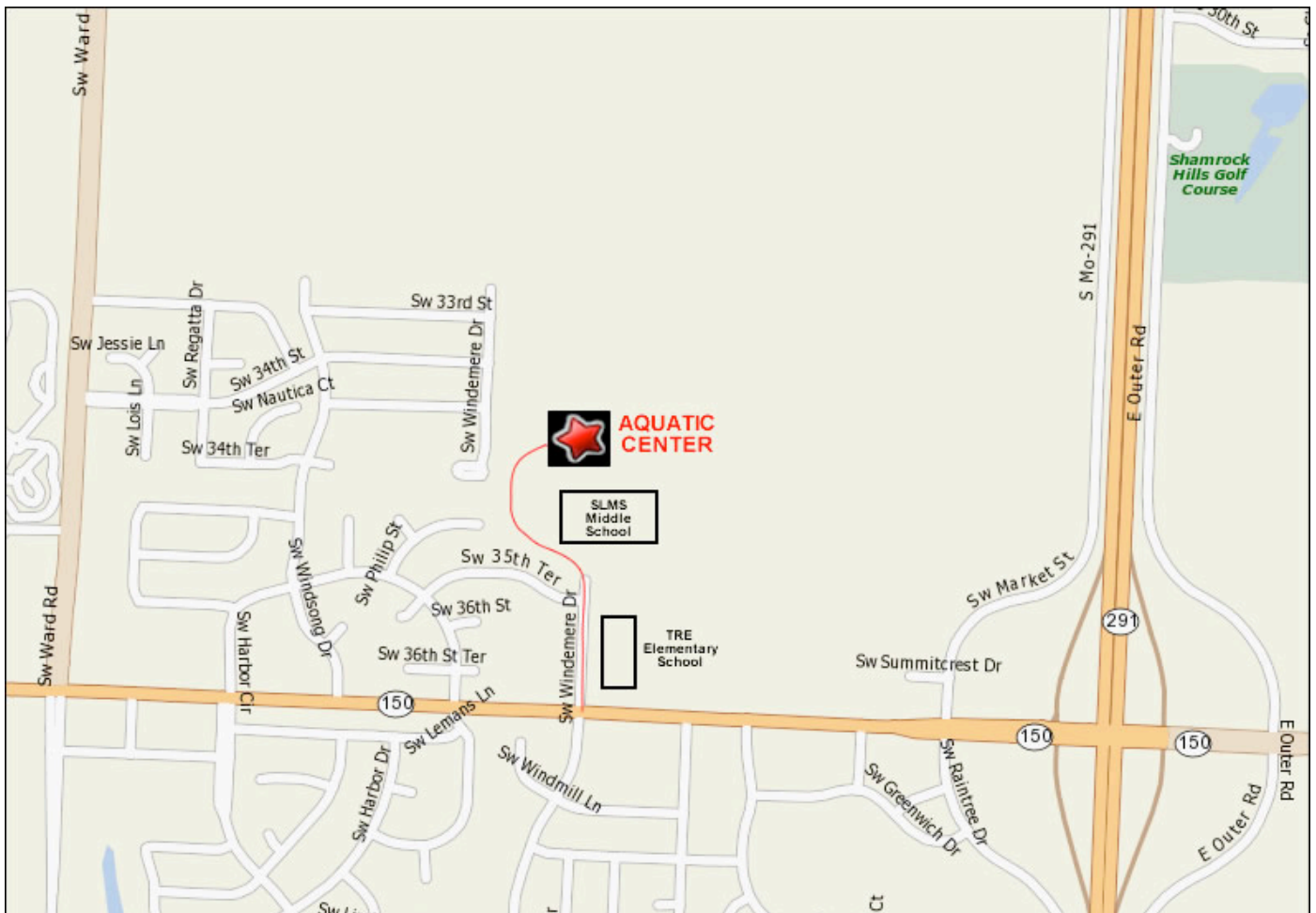
Teams are also encouraged to provide certified stroke and turn judges. Interested teams should contact the Meet Director to make arrangements.

HEAT SHEETS: Heat sheets will be for sale at the meet.

FINAL RESULTS: Results emailed to all teams by Monday May 20, 2013. They will also be available for download on the Blazers at www.kcblazers.com. Final Results will be posted on the Missouri Valley Website and may include the swimmer's name, age, times and USA Swimming number.

AQUATIC CENTER: The Lee's Summit R-7 Aquatic Center is located on the Summit Lakes Middle School Campus on the south side of Lee's Summit, Missouri at 3498 SW Windemere Drive, Lee's Summit Missouri, 64082.

DIRECTIONS: 50 Hwy to 291 South exit, take 291 South heading toward Harrisonville, take 150 Hwy exit, turn right (heading west) to Windemere Drive (stop light), turn right (heading north) following Windemere Drive ending up directly in front of Summit Lake Middle School, turn either right or left. The Aquatic Center is located behind



Summit Lakes Middle School.

Sunday, May 19, 2013**Session 5****Starts not before
1:30 pm****“Open” events are for any age**

<u>Event</u>		<u>Event</u>
37	Open 100 Free	38
39	Open 200 Fly	40
41	Open 100 Breast	42
43	Open 200 Back	44
45	Open 200 IM	46
	-----10 Minute Warm Up/Warm Down-----	

Positive check in required at the beginning of the session – Deck seeded
Alternating Heats Girls – Boys – Fast to Slow

47	Open 400 Free	48
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