

**SPEEDO CHAMPIONS SERIES
CENTRAL SECTION REGION VIII
SCY SPRING SWIMMING CHAMPIONSHIP MEET FLYER
March 6-9, 2014**

SANCTIONED BY: Held under the sanction of USA-Swimming and Oklahoma Swimming

SANCTION #: Meet: OK14-009 Time Trial: OK14-010

SPONSORED BY: Jenks Public School District and Jenks Trojan Swim Club (JTSC), a Division of Jenks Community Education (JCE).

LOCATION: Birch Street between "B" and "F" Streets, Jenks, OK, 74037. 918-299-4415 extension 1020.

FACILITY: 50 meter x 25 yard (8 lanes, 9 foot width) pool configured for dual 25 yard courses of 8 lanes each. Minimum depth of 7 feet (start and turn end) and maximum depth of 8 feet (middle). 6 inch diameter anti no-turbulence lane ropes. Deck-level overflow gutters with raised parapet at start and turn ends. Medium Pressure UV sanitation. Evacuator Air-handling system. Spectrum starting platforms with adjustable track start footrest. Daktronics timing system (Omnisport 2000) with touchpads at start ends; two 8-lane alpha-numeric multi-color LED scoreboards. Additional 6-lane (7 foot lane width) 25 meter warm-up pool with starting blocks; depths range from 3.5 to 12 feet.

POOL CERTIFICATION: The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

CONTACTS:

Meet Director: George Villarreal, george.villarreal@jenksps.org; 918-299-4415 x 1020 (O); 859-489-5498 (M)

Meet Referee: Steve Potter, spotter.usaswimming@yahoo.com, 616-915-5280

PARKING: Free. Available in adjacent lots during all sessions.

FACILITY ACCESS: Swimmers, coaches, officials and spectators will enter the facility from the western doors. ONLY swimmers, coaches and officials are allowed to by-pass ticket purchase: Bag Tags will be required. Spectators must pay admission fee.

COACHES:

1. All coaches must participate in the Deck Pass request in the OME process. By listing all coaches who will be in attendance all certifications will be verified during the entry period. The host will notify any coaches whose recon shows any compliance items requiring attention prior to arrival at the venue.
2. Those coaches who do not participate in the Deck Pass process during the OME entry period must provide all necessary certification documentation at the "registration/ check in " area prior to receiving any event/deck pass credentials, coach packets, athlete "goody bag items" and athlete event/deck pass credentials.
3. All coaches in attendance must wear event/deck pass credentials and their current USA-S registration cards while on deck.

MEETINGS:

GENERAL meeting of the CSRVIII Chair, Meet Director, Coaches, and Referee will be held Thursday, March 6, 2014 at 2:00 p.m. Coaches are accountable for ALL information handed out at the GENERAL/CSRVIII MEETINGS as well as information conducted at the business meeting.

CREDENTIALS:

This meet is a closed deck. All athletes, coaches, officials and meet volunteers must display their credentials in order to be on deck. Additionally, coaches must wear their USA Swimming registration cards and should participate in the OME Deck Pass process and complete the identification of all coaches who will be in attendance at the meet during the entry process. (See OME entry for more information)

WEB SITE: www.jenksswimclub.com

PROGRAMS / HEAT SHEETS

Meet Program/Psych Sheet: \$5

Heat Sheets: Prelims: \$8

Finals: \$5

INFORMATION: In granting these sanctions, it is understood and agreed that USA-Swimming Inc., Oklahoma Swimming (LSC), all officials, the Jenks Public School District, and Jenks Trojan Swim Club (JTSC) shall be free from any and all liabilities or claims for damages arising by reason of injuries to anyone during the conclusion of the meet. Damage to the facility, when proven, will cause the offending swimmer or swimmers, if unattached, or the offending swimmer's club if attached to be accountable for repairs.

PLEASE READ: IMPORTANT UPDATES TO MEET BOOK:

The following updates were approved at the CSRVRVIII Business meeting, 9/12/13

- There will be a 10 minute break before Time Trials both Spring and Summer Meets
- Athletes entering the meet must have at least one provable entry time in order to enter the meet. An appropriate number of "gamble swims" are available after that.
- All entries both individual (attached or unattached) athlete and club entries that were missed at the entry deadline for this meet must complete the following steps in order to enter the meet.
 - All athletes must have at least one provable cut to enter the meet.
 - Unproven times (gamble swims) are accepted for additional individual events once this requirement has been met.
 - Entry will be completed on deck at the venue.
 - All entry times will be seeded at the slowest non-conforming qualifying time for the specific meet being entered.

Note: This policy is for entries not completed during the defined entry period for this meet. Deck entries for individuals already in the meet are available under the current entry requirements listed in the Meet Book.

- Fees:
 - Meet Surcharge Fee: \$21.00 (\$1.00 goes to the Central Zone; \$20.00 goes to the host).
 - Individual Event Deck Entry Fee: \$20.00 (\$12.00 goes to host and \$8.00 goes to CSRVIII Travel Fund)
 - Relay Entry Fee: \$40.00 (\$24.00 goes to the host and \$16.00 goes to the CSRVIII Travel Fund).
 - CSREGVIII Fine for failure to complete entries by the close of the OME: \$300.00 (fine goes to the CSRVIII Travel Fund) Fine applies to the individual or to the club entries that were not submitted during the OME Entry Period of this Meet. The fine is capped at \$300.00.
- Relay only athletes are restricted to Time Trial entries only unless they have a provable time. All athletes must have at least one provable time to enter individual events for the meet.
- Each club will be subject to a \$100.00 fine for any relay not swimming the meet RELAY qualifying time. Proof of time will be accepted from the aggregate times of the actual athletes who swam the relay. Proof must be provided by the club to Meet Director or their designee. Fine goes to the CSRVIII Travel Fund.

- There is no change to any of our current practices regarding the seeding of Relays as outlined in the Meet Book(s).
 - Spring Sectional Meet: Secondary Entry period restricted to Individual Event NEW QUALIFYING TIMES achieved after the Primary OME entry period. New relay entries will be permitted. No Un-Proven Times (no override times or gamble swims) will be accepted. Entries received in this secondary entry period will not be placed in the distributed/posted psych but included in the psych sheet available at the meet.
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ENTRY INTO THE MEET

ATHLETES ELIGIBILITY:

1. The meet is open to all full time (not seasonal) athletes registered within the Central Section Region VIII of the Central Zone of USA Swimming who meet the stated qualifying times.
2. All swimmers must be under the direct supervision of a USA-S registered coach. Any swimmer entered in the meet, unaccompanied by a USA-Swimming member coach, must be certified by a USA-Swimming member coach as being proficient in performing a racing start or must start each race within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
3. Swimmers without a coach present: USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm up, competition and warm down. The meet director or meet referee shall assist the athlete in making arrangements for such supervision.
4. **Athletes entering the meet must have at least one provable entry time in order to enter the meet. An appropriate number of "gamble swims" are available after that. Relay only athletes are restricted to time trial entries only unless they have a provable time.**
5. All athletes MUST be USA-S registered athletes in order to be entered into the meet using the OME (see OME entry procedures) and in order to receive their credentials. All swimmers must be 2014 athlete members of USA Swimming. All entries must be submitted using USA Swimming's Online Meet Entry (OME) procedures. The system can be accessed on the USA Swimming website at www.usaswimming.org/ome. Jenks Trojan Swim Club will provide a Team Manager Event file on the meet website. This will allow teams to establish the qualifying profile for their athletes prior to using OME. The OME will be activated for this meet beginning on Thursday, January 16 at 11:59 PM CST. Entries will close on Thursday, February 27 at 11:59 PM CST. Entries will re-open for new (not improved) qualifying times for individual events and relays (defined as times achieved from Friday, February 28 to Sunday, March 2. On Monday, March 3 from 6:00 AM to Noon CST the secondary entry period will be open.
6. Entry Fees are payable to the Host, Jenks Trojan Swim Club. Failure to pay the entry fees will result in the team and/or athletes being scratched from the meet, and they may not compete in the meet until entry fees are paid.
7. Swimmers that swim with a NCAA College Team or as unattached swimmers must have their USA-S registration membership within one of the five (5) CSRVIII LSC's and when swimming in the CSRVIII Meet must be attached to one of the member clubs or entered as unattached to compete in the meet.
8. For a swimmer to represent a USA Swimming club in a competitive event, one hundred twenty (120) days must have elapsed without a swimmer having represented any other USA Swimming club in a USA Swimming competition.
9. **All RELAY ONLY swimmers must be entered into the meet using the OME. Relay only athletes are restricted to Time Trial entries only unless they have a provable time. Relay Only swimmers must pay the event surcharge fee in order to be entered in the meet.**
10. Athletes with a disability who have been classified and have achieved a National Disability Championship Qualifying Time may enter this meet as long as the time is within the qualifying time standards for this meet. Questions about the meet entries may be directed to the meet director.

ENTRY LIMIT OF EVENTS:

1. Each athlete may enter as many events as they qualify for, but may compete in only a maximum of 6 individual events plus relays for the total meet.
2. Each athlete may compete in no more than 3 individual events per day including Time Trials.
3. Time Trials DO NOT count towards the total number of events allowed for the meet.

ENTRY FEES:

1. There will be an \$11.00 surcharge per swimmer of which \$1 goes to the Central Zone and \$10 remains with the host club.
2. Entry fees will be \$8 for individual events and \$16 for relay events.
3. Sixty percent (60%) of the entry money (including deck entries) will be retained by the host.
4. Forty percent (40%) of the entry money will be turned over to the CSRVIII Travel Fund.
5. All proof of time money (\$25) shall go to the CSRVIII Travel Fund.

ENTRY DEADLINE:

1. All swimmers must be 2014 athlete full-time members of USA Swimming. All entries must be submitted using USA Swimming's Online Meet Entry (OME) system (see OME entry procedures). Entries will close on Thursday, February 27 at 11:59 PM CST.
2. Psych Sheets will be electronically sent to the person on file for the club entry based on contacts from the OME. Psych Sheets will be made available to each attending team and posted on the club web site: <http://www.teamunify.com/Home.jsp?tabid=0&team=czsecmeet> by no later than Monday, March 3, 2014 at 8:00 am CST. Following the distribution of the psych sheet additional changes will only be accepted at the meet during registration or before the scratch deadline for that day's events. Revised psyche sheets with entries from new qualifying times from the late entry period will be available at the pool on Thursday, March 6.

ONLINE MEET ENTRY (OME) ENTRY PROCEDURES:

OME is the exclusive process for entering teams and swimmers into this Sectional competition.

Only times found in the SWIMS database will be used for seeding in this meet. All entry times must have been achieved by within 25 months beginning February 6, 2012 through Thursday, February 27, 2014, at 11:59 PM CST. Each entry time used must be from a "Sanctioned" or "Approved" meet, or from an "Observed Swim" in accordance with USA Swimming Rules and regulations.

There is the option to create an "Over Ride" entry time for entry into this meet. If you have non-conforming times or times that are not listed in the SWIMS database, you can still enter your athlete into the meet. You'll need to add the non-qualified athlete to the meet, type in the qualifying time, and enter the word "Over Ride" into the qualifying meet name. This is creating an "Over Ride Time". Only times found in the SWIMS database will be allowed. All "Over Ride" times using times for entry NOT FOUND in SWIMS by the entry deadline for this event will automatically be flagged and moved to the slowest non-conforming time for the meet which is LCM. Each club will receive in their "coaches packet" the OME "over ride" report for their team.

If you can provide acceptable proof showing an "over ride" entry time is valid bring that information to the venue for possible resolution and proper seeding.

The host will provide a Team manager or suitable event file on the host web site and at the time of the distribution of the Meet Book to the club contacts. The event file can be used to assist you in completing your entries in the OME.

You may modify the entry time of a purchased event within OME up to the normal entry deadline. You may not delete the entry once the entry process has been completed. Once you have completed your on line entry, you will be sent confirmation via email. Please keep ALL electronic correspondence and bring them with you to the meet (just in case).

Entry fees must be paid to the Meet Host as outlined in the Meet Letter. Payment through the OME for this event is not permitted.

Important update: Entry process for clubs of individuals who have failed to complete entries prior to the entry deadline:

All entries both individual (attached or unattached) athlete and club entries that were missed at the entry deadline for this meet must complete the following steps in order to enter the meet:

- All athletes must have at least one provable cut to enter the meet.
- Unproven times (gamble swims) are accepted for additional individual events once this requirement has been met.
- Entry will be completed on deck at the venue. All entry times will be seeded at the slowest non-conforming qualifying time for the specific meet being entered.
- Fees:
 - Meet Surcharge Fee: \$21.00 (\$1.00 goes to the Central Zone; \$20.00 goes to the host).
 - Individual Event Deck Entry Fee: \$20.00 (\$12.00 goes to host and \$8.00 goes to CSRVIII Travel Fund)
 - Relay Entry Fee: \$40.00 (\$24.00 goes to the host and \$16.00 goes to the CSRVIII Travel Fund. CSREGVIII)
 - Fine for failure to complete entries by the close of the OME: \$300.00 (fine goes to the CSRVIII Travel Fund) Fine applies to the individual or to the club entries that were not submitted during the OME Entry Period of this Meet. The Fine is capped at \$300.00.

DECKPASS:

During the OME entry process you will be indicating how many coaches and the number of event/deck pass credentials you will be requesting. Coaches should list all possible coaches who will be in attendance at the meet at this time. By listing those coaches the OME will initiate a certification review of all USA-S required certification items for those coaches. The host will notify those coaches whose certification may show an error in advance of their attendance at the meet. This will provide an opportunity to address the item prior to arrival at the meet. Any coach not participating in this process during the OME entry period but requesting event/deck pass credentials on site must provide during registration/check in all necessary certification documentation compliance items in order to be credential at this meet.

Deck pass/event credential ratio:

| | |
|---------------------|---------------|
| 1-5 athletes equals | 1 credential |
| 6-11 = | 2 credentials |
| 12-19 = | 3 credentials |
| 20-27 = | 4 credentials |
| 28-100 = | 5 credentials |

Problems/Questions: If you have any questions about using the system, please contact :

- Anthony Buhr, USA Swimming at (E) abuhr@usaswimming.org , (O) (719) 866-3581, (M) (719) 330-4054
- Meet Director: George Villarreal, george.villarreal@jenksps.org, (O) (918) 299-4415 x 1020, (M) (859) 489-5498
- Paul Thompson, the Region VIII Chair at (E) auggie1@sbcglobal.net or at (405) 570-6529

MEET PROOF OF TIMES:

1. Athletes must have at least 1 provable time to enter into individual events. Athletes entered into additional events who do not have proof of time within the SWIMS database will be ENTERED AT THE LOWEST NON-CONFORMING SEEDING PRIORITY (see OME entry procedures).
2. There will be internet access provided through Proof of times for athletes failing to achieve the qualifying time during competition.

3. When the team checks in, they will be provided with a list of all athletes WITHOUT a proof of time in the Swims Database. This will be an exception report from the OME. These times will need to be proven for all athletes who do not make the qualifying times in the preliminaries (except for the 800/1500 Freestyles).
4. All proof of times must come from final results of a USA Swimming sanctioned or approved meet. Meet results MUST show the Meet name, location, date, time and sanction number.
5. Proof of times must be achieved within 25 months of the entry deadline for this meet. The qualifying time period for this meet is: February 6, 2012 to February 27, 2014.
6. Results posted on each LSC's website may be used for proof of times.

DISTANCE EVENTS PROOF OF TIMES:

1. Proof of time will NOT be considered as a positive check-in for the 1000/1650 freestyle events.
 2. If a proof of time has not been confirmed by the scratch deadline for that day's events the athlete will be scratched and not allowed to swim.
 3. If an athlete decides to scratch after proving their times they will need to follow the normal Championship scratch procedures.
 4. If an athlete has proven the time, positively checked-in and IS SEEDED and then does NOT COMPETE they will be subject to the normal penalties associated with NOT SHOWING IN A PRELIMS EVENT.
 5. Proof of times for the 1000/1650 may come [interchangeably] from proofs from either of these events including 800 and 1500 freestyle events. Athletes who meet the qualifying standard for any of these events are allowed to enter both the 1000 and 1650 freestyle. Athletes using non-conforming times to enter may enter the event but MUST be entered at the lowest non-conforming seeding priority for this meet.
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RELAY PROOF OF TIMES:

1. Each club will be subject to a \$100.00 fine for any relay not swimming the meet RELAY qualifying time.
 2. Proof of time will be accepted from the aggregate times of the actual athletes who swam the relay.
 3. Proof must be provided by the club to the Meet Director or their designee.
 4. Fine goes to the CSRVIII Travel Fund.
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DECK ENTRIES:

1. Entries will be accepted only for athletes entered in the meet.
2. Entries will be accepted on the deck up until the check-in/scratch deadline time for that day's events.
3. Deck entry fees will be \$10 for individual events and \$20 for relay events.
4. Of the \$10 deck entry fee for individual events, \$6 goes to the host, \$4 to the CSRVIII Travel Fund.
5. Of the \$20 deck entry fee for relays, \$12 goes to the host, \$8 to the CSRVIII Travel Fund.
6. All deck entries will be seeded at the lowest non-conforming qualifying time for this meet which is LCM.
7. Time trial entry fees will be \$8 for individual events and \$16 for relays.
8. All time trial entry fees remain with the host club.

RULES AND PROCEDURES

RULES GOVERNING THE COMPETITION: 2013 USA Rule Book and National Championship Swimming rules will prevail.

SPRING MEET FORMAT: This is a Prelims/ Finals meet with the top 24 swimmers advancing to Finals. Each event during Finals will consist of Bonus(C), Consolation(B), and Championship(A) Final heat, except for the 1000(Y) / 1650(Y) Freestyle and all relays, which will be conducted as timed final events. The Bonus (C) Final will be reserved for swimmers who are 18 and under.

SPRING FORMAT DISTANCE EVENTS:

1. All heats of the 1000 freestyle events will be swum as timed finals on Thursday, fastest to slowest, alternating women and men heats.
 2. The 1650 freestyle events will be swum as timed finals in both the prelims and finals sessions.
 - a. The fastest heat of each of the women and men will swim in finals in their normal event numbered place during finals.
 - b. The slower heats will swim in prelims, after the relays and will alternate women then men swimming fastest to slowest.
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400 INDIVIDUAL MEDLEY EVENTS AND 500 FREE EVENTS:

1. These events will be swum as Prelims/ Finals events.
2. These events will be swum in the traditional swim order slowest to fastest, Women's events, followed by the men's events, without alternating gender.

SWIMMING OF RELAYS:

1. The fastest two heats of each women and men will swim in finals. Heats will swim slowest to fastest in finals.
2. All remaining heats of relays will swim at the conclusion of that day's preliminaries.
3. There will be a 10 minute break prior to relays
4. All remaining heats of relays will swim fastest to slowest alternating women then men.
5. ONLY Sunday's relays may request to be down seeded into prelims.
 - a. Declaration to down seed **MUST BE MADE** prior to the scratch deadline for that day's events.
 - b. Relays that have requested to be down seeded from the finals heats into prelims will be seeded at the SCY qualifying time for this meet.
 - c. Down seeding will be permitted even though that creates open lanes in finals.

SEEDING OF THE MEET:

1. No Hytek or manual time conversions will be permitted.
2. Seeding priority for Spring Meet.
 - a. SCY first seeding priority
 - b. LCM second and lowest seeding priority
 - c. Athletes having neither LCM nor SCY qualifying times may enter the event; however they MUST ENTER AT THE LOWEST NON-CONFORMING SEEDING PRIORITY.
 - d. The lowest seeding priority for this meet is LCM.

DISTANCE EVENT SEEDING FOR THE 1650:

1. Seeding for the top 8 athletes for the 1650.
 - a. All athletes **MUST USE THEIR CURRENT FASTEST** time that they have achieved in the last **TWENTY-FIVE (25)** months.
2. Seeding for athletes that are NOT in the top 8
 - a. All athletes that are entered and their entered time place them in the top 8, **BUT** whose time was achieved outside of the 25-month qualifying period will be seeded with their most current provable time in the normal field.
 - b. Any athlete in the top 8 must declare their intent to swim their fastest provable time or to down seed to the lowest non-conforming cutoff time prior to the scratch deadline for that day's events. The lowest non-conforming cutoff time for this meet is LCM.

DISTANCE AND RELAY POSITIVE CHECK IN:

1. All relays **MUST** positively check-in by the scratch deadline for that day's events **TO BE SEEDED**.
2. Coaches must arrive on Thursday prior to the scratch deadline for Thursday's events for check in. If the coach cannot make the meeting prior to the Thursday scratch deadline they must make prior arrangements with the Meet Referee if they want their distance athlete or relay seeded.
3. Declaration of athlete names and order of swims will be required 1 hour prior to swimming the event.
4. All distance event athletes (1000/1650) **MUST** positively check-in by the scratch deadline for that day's events **TO BE SEEDED**.
 - a. Proofs of times are not accepted as positively checking in.

SCRATCH PROCEDURES:

1. Scratch procedures will be in accordance with current USA Swimming National Championship rules and regulations.
2. Scratch deadline for Thursday's events is 15 minutes after the completion of the CSRVIII business meeting to be held Thursday afternoon March 6, 2014 at 2:00 pm. Scratch deadline for Friday, Saturday, and Sunday's events will be 30 minutes following the beginning of finals.
3. Coaches **MUST ARRIVE PRIOR** to the scratch deadline for proof of entry and registration for that day's events.

FINALS SCRATCH:

1. A swimmer who qualifies for a C, B, or A Final, who fails to declare intent to scratch or to scratch per USA Swimming Championship Rules and fails to compete in said final race, which is his/her final race of the Meet, shall be fined one hundred dollars (\$100.00).
2. The Meet Director will send a list to the CSRVIII Chair immediately following the CSRVIII Meet.
3. The swimmer will have their club contacted by the CSRVIII Chairmen immediately following receipt of the list.
4. Within thirty days (30) after the postmark of the notification from the CSRVIII Chair, payment must be received or the swimmer will be barred from future CSRVIII Meets.
5. A list will be sent to the Meet Directors of future CSRVIII Meets.
6. If payment is **NOT** received within the thirty (30) day time period, and is deemed late by the CSRVIII Chair, a penalty of **DOUBLE** the fine will be incurred by the athlete.

FAILING TO MAKE A QUALIFYING TIME:

1. Any athlete failing to meet the Meet Qualifying Standards must comply with one or more of the following options:

OPTION 1:

1. Provide a proof of time they previously achieved the time standard with final results.
2. This must be accomplished at the meet and the proof times must come from final results of a USA Swimming sanctioned or approved meet, showing the name of the meet, location, date, time and sanction number within 25 months prior to the entry deadline for the meet. An official time can be achieved only in USA Swimming sanctioned or USA Swimming approved competition, or in an observed swim in accordance with all applicable rules. (202.4 and 202.5 in the 2012 USA Swimming Rule Book). Note High School times are generally not acceptable.
3. Results posted on each LSC's website may be used for proof of times.
4. Results for proof of times must be from meets within the entry qualifying period.

OPTION 2:

1. Pay a twenty-five dollar \$25.00 fee to the CSRVIII Travel Fund to continue to swim.
 2. This must be accomplished at the meet.
 3. The limit is three (3) fees being paid by the athlete before being barred from further competition with this meet.
 4. Once 3 payments have been received or three qualifying times have not been met the athlete will be barred from further competition and will be out of this meet.
2. Athletes NOT complying with Option 1 or 2 within 30 minutes after the conclusion of the preliminary session **WILL BE BARRED** from the next day's events including relays.
 3. On the last day of competition athletes that have not complied with either Option 1 or 2 will have their clubs contacted after the meet.
 - a. Fees or proper proofs of time (hard or electronic copies) must be submitted to the CSRVIII Chair with thirty 30 days after receipt of a certified letter from the CSRVIII Chair or the athlete will be barred from all future CSRVIII Meets.
 - b. A list will be sent to all Meet Directors for future meets.
 - c. If fees or proper proofs of time are NOT received within the 30 day period but are submitted after the 30 day period, a late penalty of \$20.00 will be assessed and the final payment for proofs of time will be doubled.
 4. Tabs for proof of times may be set up with the Clerk of Course.
 - a. Tabs **MUST** be set up at registration
 - b. Tabs must be accompanied with a signed, blank check.
 - c. Tabs must be set up when you arrive at the meet AND prior to the first day's activities for a specific club.
 - d. All unused checks will be returned at the end of the meet.

TRAVEL FUND:

1. Any swimmer, who makes the National USA Swimming qualifying time, participates in the CSRVIII Meet and the National Senior/Junior/USA Disability Meet, same events (no time trials) is eligible for a share of the Travel Fund.
2. Names of the Athletes who will qualify for distribution of Travel Fund monies will be the responsibility of the LSC Senior Chair or designated representative who will be responsible to supply the list of their LSC Swimmers who attended National Meets as well as the Sectional Meet to the CSRVIII Chair for reimbursement.
3. Requests for participation in Travel Fund money distribution should be submitted to: Paul Thompson, CSRVIII Chair, P.O. Box 6570, Norman, OK 73070-6570 or email auggie1@sbcglobal.net

SCORING:

1. Scoring shall be through sixteen (16) places. Relays will be scored double per national championship rules.
2. Any swimmer in an individual event who places will be permitted to score team points provided that they have a provable previous time even though they do not swim the qualifying time..

AWARDS:

1. Trophies shall be awarded for the Women's and Men's teams for the top 3 places.
2. The CSRVIII Jim Devine Traveling Trophy shall be presented to the Combined Team Winner.
3. High point awards will be given to the 1st, 2nd, and 3rd individual Women's and Men's High Point Winners.
4. Medals will be given to 1st—8th place in individual events and 1st – 3rd in relay events.
5. There will be a parade of the top finishers in each event of finals. The top 3 finishers in each event will report to the awards stand immediately after the event for awarding of the Bronze, Silver and Gold medals. The coach of the top finisher should also report immediately after the event to the awards stand. If the coach is not available then a substitute will make the awards presentation.
6. Two Plaques will be awarded for the “Team” with the “Most Gold Medals” and the “Team” with the “Most Total Medals” during the awards presentations.
7. A high point distance award (400/500 Free, 800/1000 Free 1500/1650 Free and 400 IM) will be given to the individual Women's and Men's High Point Winner.
8. The Dylan Lynn Performance of the Meet Award will be presented by the CSRVIII Chair or designee.

THE COACH OF THE YEAR AWARD:

1. The Hank Enterline CSRVIII Coach of the Year will be given out twice a year.
2. Coach of the Year for the Summer will be given out at the Spring Meet.
3. CSRVIII Chair will provide nomination forms prior to the Business Meeting of the section. A summary of nominations will be presented at the Thursday meeting.
4. The award will be presented at Saturday night's finals.

RESTRICTIONS:

1. The use of audio or visual recording devices, including a cell phone, is not allowed in changing areas, restrooms, or locker rooms. USA-S Rule 202.3 .4E
2. USA-S Rule 202.3.4F except where venue facilities require otherwise, changing into or out of swim suits other than in locker rooms or other designated areas is not appropriate and is prohibited.
3. All swimmers entered in the competition must comply with USA-S 2012 Rule book Section 102.8 regarding swimwear.
4. The Jenks Trojan Aquatic Center is located on Jenks Public Schools property. Jenks Public Schools is a Tobacco-Free Zone. The use of tobacco products is strictly prohibited in **all** areas of Jenks Public Schools property, including parking lots, walkways, and outdoor areas.
5. The possession of weapons or firearms upon a person or in a vehicle on JPS property is a felony offense.

HONEST EFFORT:

1. An honest effort in all competition is required.
2. Failure to make an honest effort shall result in disqualification from the event.
3. The determination of an honest effort performance will be made by the Meet Committee or the Referee.

OFFICIALS:

1. This meet has been designated as a National Qualifying Meet for Officials seeking N2 and/or N3 certification or re-certification.
2. The meet is open to all Officials inside and outside of the Region who wish to, and are eligible to, be evaluated for advancement and re-certification.
3. Application to officiate or for evaluation can be found at <http://www.centralzones.org>.
4. Applications for an assigned position must be received by February 6, 2014. Applications for evaluation should be received by March 6th. Deck officials are always welcome, simply fill out the online application or if the week of the event, please contact the Meet Referee directly.

TIME TRIALS:

1. Time Trials are offered at the discretion of the meet referee and the meet director and ONLY if time permits.
2. Time trials, if offered, will be conducted at the conclusion of each day's prelim session.
3. Time Trials will begin 10 minutes after the last prelim session.
4. A swimmer must be entered in the meet (individual event or relay only) to be eligible to participate in Time Trials.
5. The entry fee will be \$8 per individual event and \$16 per relay event. Time Trial entry forms will be included in the coach's packet. The host club retains all entry fees.
6. Time trials shall be swum by the order of events as listed in the Meet Book.
7. First Full Day: That day's events, followed by the remaining events in the meet.
8. Second Day: That day's events, followed by the events of the remaining days of the meet followed by the events of the previous days.
9. Final Day: That day's events, followed by events of the previous days in event order.
10. Coaches are reminded that swimmers may compete in no more than three (3) individual events per day including time trials.
11. Time trials for the 1000 and the 1650 distance events will only be offered on that day's events and those swimming time trials will be placed in any open lanes and open heats regardless of gender.
12. Final night: Time Trials will be offered to National possible qualifiers only.
13. Time trials shall not start after 3:00 p.m.

SPRING SC CSRVIII CHAMPIONSHIP SCHEDULE

POOL AVAILABILITY: Contact George Villarreal, Meet Director and Facility Director for additional times.

1. The pool will be available for Team Practice, Thursday from 10:00 AM to 8:00 PM. The 25 yard warm-up pool will be available for use during all advertised warm-up times and during all competition sessions.
2. Team check-in and registration will be available beginning at 10:00 AM on Thursday.
3. Facility will be open a minimum of 30 minutes prior to the start of each morning warm up prelim session.

SESSION & MEET START TIMES:

| Day | Session | Warm-Up | Clear Pool | Competition Begins | Session | Warm-Up | Clear Pool | Competition Begins |
|----------|-----------------------------------|---------|------------|--------------------|-----------------------|---------|------------|--------------------|
| Thursday | General Meeting, Referee, CSRVIII | | | | 2:00 PM – All Coaches | | | |
| Thursday | | | | | Timed Finals | 4:30 PM | 5:20 PM | 5:30 PM |
| Friday | Prelims | 6:30 AM | 8:50 AM | 9:00 AM | Finals | 4:00 PM | 5:20 PM | 5:30 PM |
| Saturday | Prelims | 6:30AM | 8:50 AM | 9:00 AM | Finals | 4:00 PM | 5:20 PM | 5:30 PM |
| Sunday | Prelims | 6:30 AM | 8:50 AM | 9:00 AM | Finals | 4:00 PM | 5:20 PM | 5:30PM * |

*Decision to start Sunday finals 30 minutes later will be made at the General Meeting on Tuesday evening and will depend upon the prelim timelines for Sunday's events.

Note: There will be a 10 minute break prior to all relays and between morning session and time trials.

WARM-UPS PRELIM SESSION: General warm-up, no assigned lanes. Warm-up opens 6:30 AM; there will be general warm up with feet first entry. No sprinting or pace work allowed during the general warm-up session. Swimmers may not dive into the pool during general warm-up. Swimmers must enter the pool by stepping in feet first, or sitting and sliding in, in a safe and cautious manner. Entering in any other manner may result in the disqualification from one or more of the swimmer's events for that session at the discretion of the Meet Referee. Swimmers may dive during a designated sprint warm up.

45 minutes prior to start of competition, the following warm up procedures will be followed.

Sprint and Pace Warm-up (remainder of warm-up period).

- Lanes 1&8 pace lanes: No diving or racing starts. circle swimming only.
- Lanes 2&7 sprint lane: dive start, swim only one direction. Backstrokers enter the water feet first in rotation. No diving over persons in the water. On day of the 50 Free Meet Referee may have one lane starting from opposite end of pool.
- Lanes 3, 4, 5, & 6 general warm-ups. No Diving.
- Additional sprint lanes may be made available upon request to the Meet Referee.
- No equipment to be used during warm-ups.

CLEAR POOL: 10 minutes prior to start of meet. 8:50 am. Meet starts 9:00 am.

WARM-UPS FINALS SESSION: Finals warm-up lane usage schedule: General warm up period: feet first entry No Diving from the blocks or sides of pool.

30 minutes prior to start of competition, the following warm up procedures will be followed.

- Lanes 1 & 8 pace lanes: No diving or racing starts. Circle Swimming Only.
- Lanes 2 & 7 sprint lane: dive start, swim only one direction. Backstrokers enter the water feet first in rotation. No diving over persons in the water. On day of 50 Free Meet Referee may have one lane starting from opposite end of pool.
- Lanes 3, 4, 5, & 6 general warm-ups. No Diving.
- Additional sprint lanes may be made available upon request to the Meet Referee.
- No equipment to be used during warm-ups.

CLEAR POOL: 10 minutes prior to start of meet, 5:20 pm. Meet starts 5:30 pm.

**2014 CSRVIII SECTIONAL SPRING CHAMPIONSHIP
ORDER OF EVENTS / QUALIFYING TIMES**

2014 SCS CSRVIII SECTIONAL SPRING CHAMPIONSHIPS

JENKS OKLAHOMA March 6-9, 2014 QUALIFYING TIMES ORDER OF EVENTS

| EVENT | WOMEN | | EVENT | MEN | | EVENT |
|------------------|-------------|--------------|------------------|--------------|-------------|-------|
| | LONG COURSE | SHORT COURSE | | SHORT COURSE | LONG COURSE | |
| DAY ONE | | | | | | |
| 1 | 9:45.59 | 10:57.69 | 1000 Free | 10:15.29 | 9:15.99 | 2 |
| DAY TWO | | | | | | |
| 3 | 2:13.59 | 1:58.09 | 200 Free | 1:48.09 | 2:03.49 | 4 |
| 5 | 1:20.79 | 1:10.69 | 100 Breast | 1:03.59 | 1:13.99 | 6 |
| 7 | 1:08.09 | 1:00.59 | 100 Fly | 54.29 | 1:01.59 | 8 |
| 9 | 5:23.99 | 4:44.69 | 400 IM | 4:24.89 | 5:00.99 | 10 |
| 11 | 9:19.99 | 8:12.99 | 800 Free Relay | 7:33.99 | 8:39.99 | 12 |
| DAY THREE | | | | | | |
| 13 | 2:31.99 | 2:13.89 | 200 IM | 2:01.99 | 2:19.99 | 14 |
| 15 | 28.59 | 25.09 | 50 Free | 22.49 | 25.69 | 16 |
| 17 | 2:54.19 | 2:33.29 | 200 Breast | 2:20.29 | 2:42.79 | 18 |
| 19 | 1:10.49 | 1:01.59 | 100 Back | 55.99 | 1:04.99 | 20 |
| 21 | 4:40.99 | 5:15.49 | 500 Free | 4:53.99 | 4:24.59 | 22 |
| 23 | 4:46.99 | 4:09.39 | 400 Medley Relay | 3:49.99 | 4:23.99 | 24 |
| DAY FOUR | | | | | | |
| 25 | 18:49.79 | 18:22.99 | 1650 Free | 17:13.59 | 17:44.39 | 26 |
| 27 | 2:32.19 | 2:13.39 | 200 Back | 2:01.69 | 2:21.59 | 28 |
| 29 | 1:01.79 | 54.39 | 100 Free | 48.99 | 56.19 | 30 |
| 31 | 2:32.99 | 2:15.19 | 200 Fly | 2:03.99 | 2:20.89 | 32 |
| 33 | 4:16.99 | 3:46.79 | 400 Free Relay | 3:26.39 | 3:56.99 | 34 |

LODGING: Preferred hotel partners will be listed on the Sectional Website. Listed below are partner hotels that offers a special discount. Please reference the Jenks Trojan Swim Club and Sectionals.

Holiday Inn & Suites Tulsa South
10020 E. 81st Street - Tulsa OK, 74133
P: (918)994-5000 F: (918)994-5001

Cyndi Robinson
Director of Sales
Hilton Garden Inn
Tulsa Airport
7728 E. Virgin Ct
Tulsa, OK 74115
(918)838-1444 Hotel
(918)834-6910 Fax

INFORMATION: Driving instructions to the campus may be found at
<http://www.teamunify.com/Home.jsp?team=czsecmeet>.

OTHER INFORMATION: Please reference our club web site <http://www.teamunify.com/Home.jsp?team=czsecmeet> for all Speedo Champions Series Central Section Region VIII Short Course Championship information. All updates and meet information may be accessed on the club web site. Meet Results will be provided on the web site.